

## Additional breakfast entree choices may include:

- Cereal bar & toast
- One poptart & toast
- Yogurt & toast
- Two slices of toast

All breakfast to include fresh fruit & fruit juice.

## Additional lunch entree choices may include:

- Chef salad w/crackers
- PB & J sandwich w/cheese stick
- Deli ham sandwich or deli ham wrap

Additional fruit and vegetable choices are available at lunch.



Menus Subject to Change
This institution is an equal opportunity provider.

	7				
		<b>Welcome Back</b>	:!	17	18
	Find Menus and other Nutritional information at:			Muffin & Toast	Mini Cinnis & Toast
	www.jcschools.us under School Nutrition Services.			or Occupied Total	or Occasion Total
		37 1D'		Cereal & Toast Fruit & Juice	Cereal & Toast Fruit & Juice
	Meal Prices			Milk	Milk
	Elementary Breakfast \$1.10			Mini Corn Dogs	Cheese Pizza or
	Elementary Lunch \$2.50			Glazed Carrots	Pepperoni Pizza
				Fresh Apple Wedges Welcome Back Cookie	Garden Salad Mixed Fruit
	Pay online or monitor account at: Apply Online!			Milk	Milk
	myschoolbucks.com		heartlandapps.com		
2	21	22	23	24	25 Monthly Birthday Celebration!
	Scrambled Eggs & Toast	Pancake & Sausage Stick	Tornado & Toast	Breakfast Biscuit Sandwich	Long John Donut & Toast
	or Cereal & Toast	or Cereal & Toast	or Cereal & Toast	or Cereal & Toast	or Cereal & Toast
	Fruit & Juice	Fruit & Juice	Fruit & Juice	Fruit & Juice	Fruit & Juice
	Milk Solar Eclipse	Milk	Milk Brunch Lunch	Milk	Milk
	Deli Turkey Sandwich	Hamburger or	Mini Waffles & Syrup	Tacos	Hot Ham & Cheese
	Sunchips Carroteenies	Cheeseburger French Fries	Sausage Links Hash Brown Patty	Shredded Lettuce & Cheese Refried Beans	Baby Carrots & Dip Pears
	Apple Slices	Grapes	Orange Wedges	Fresh Strawberries	Mini Ice Cream Cone
	Milk	Milk	Milk	Milk	Milk
2	28	29	30	31	Sept 1
	Scrambled Eggs & Toast	Pancakes & Syrup	Breakfast Pizza	Breakfast Croissant Sandwich	Cinnamon Roll & Toast
	or Cereal & Toast	or Cereal & Toast	or Cereal & Toast	or Cereal & Toast	or Cereal & Toast
	Fruit & Juice	Fruit & Juice	Fruit & Juice	Fruit & Juice	Fruit & Juice
	Milk	Milk	Milk	Milk	Milk
	Bosco Breadsticks	Chicken Nuggets	BBQ Pulled Pork	Spaghetti & Meat Sauce	Ravioli
	Marinara Sauce Tossed Salad	Mashed Potatoes & Gravy Fresh Melon Mix	Sandwich Corn	Green Beans Applesauce	Peas Mandarin Oranges
	Fruit Crisp Milk	Goldfish Crackers Milk	Frozen Juice Shape Up Milk	Garlic Breadstick Milk	Texas Toast  Milk